Health New Zealand Te Whatu Ora

Position Description

Position	Health / Clinical Psychologist Hauora / Kaimātai Hinengaro
Team / Service	Kenepuru Inpatients Allied Health & Kenepuru Outpatient Clinics
Group	Community, Allied Health, and Older Adults (CAHOA)
District	Capital, Coast & Hutt Valley
Responsible to	Kaiarataki Tira / Team Leader, Kenepuru Inpatient Allied Health
Children's Act 2014	This position is classified as a children's worker, requiring a safety check including police vetting before commencing and every three years
Location	This position is expected to work from Kenepuru Hospital.

Te Whatu Ora

The Health System in Aotearoa is entering a period of transformation as we implement the Pae Ora/Healthy Futures vision of a reformed system where people live longer in good health, have improved quality of life, and there is equity between all groups.

We want to build a healthcare system that works collectively and cohesively around a shared set of values and a culture that enables everyone to bring their best to work and feel proud when they go home to their whānau, friends and community. The reforms are expected to achieve five system shifts. These are:

- 1. The health system will reinforce Te Tiriti principles and obligations
- 2. All people will be able to access a comprehensive range of support in their local communities to help them stay well
- 3. Everyone will have equal access to high quality emergency and specialist care when they need it
- 4. Digital services will provide more people the care they need in their homes and communities
- 5. Health and care workers will be valued and well-trained for the future health system

Context

Capital, Coast & Hutt Valley district provides hospital and health services in primary, secondary and tertiary healthcare to a total population base of approximately 445,000 citizens.

We are accountable for meeting the needs of and improving health outcomes for all the constituent populations of our district, and the region more broadly. Together we:

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- provide secondary and tertiary, medical and surgical hospital services alongside community based health care
- fund local health providers and work collaboratively with the community to create and support multiple health education initiatives and projects within the region
- deliver health services directly as well as contracting external providers
- provide local, sub-regional, regional and national health services as well as community-based health, rehabilitation and support services.

The majority of the district's population live in Wellington and Lower Hutt. The Māori and Pacific populations of Lower Hutt and Wellington are proportionally similar, with the largest Pacific population in the region in Porirua. Kapiti and Upper Hutt have similar numbers of Māori and Pacific people. Most people are enrolled with a GP near their place of residence, so the increasing focus on community-based healthcare is expected to lead to better health outcomes for these population groups. Hutt Hospital provides secondary and some tertiary, medical and surgical hospital services alongside community based health care from its main facility in Lower Hutt City. In addition to funding local health providers and working collaboratively with the community to create and support multiple health education initiatives and projects, Hutt Hospital is the centre for five tertiary regional and sub-regional services - Plastics, Maxillofacial and Burns Services; Rheumatology; Dental Services; Regional Public Health; and Regional (Breast and Cervical) Screening Services.

Wellington Regional Hospital in Newtown is the region's main tertiary hospital with services such as complex specialist and acute procedures, intensive care, cardiac surgery, cancer care, neurosurgery and renal care. The hospital is the key tertiary referral centre for the lower half of the North Island and the upper half of the South Island.

Te Wao Nui, the Child Health Service for the Wellington Region and Central New Zealand based in the new purpose built children's hospital on the Wellington Regional Hospital campus, supports babies to adolescents with medical conditions or who may need paediatric surgery. It provides both hospital and outpatient services.

Women's Health Services provide tertiary level maternity care in Wellington and Hutt Regional Hospitals and a Primary Birthing Unit in Kenepuru. The provision of services from Women's Health encompass community-based primary LMC care and breastfeeding support, and tertiary level obstetrics, gynaecology, and other specialist services.

Kenepuru Community Hospital and Kapiti Health Centre provide secondary and community services based in Porirua and the Kapiti Coast

MHAIDS is the mental health, addictions and intellectual disability service for the Wairarapa District and Capital, Coast & Hutt Valley District, with multiple specialist facilities. Ratonga Rua-o- Porirua is our forensic, rehabilitation and intellectual disability inpatient unit.

Te Tiriti o Waitangi and Māori Health Outcomes

Māori are the indigenous peoples of Aotearoa. We have particular responsibilities and accountabilities through this founding document of Aotearoa. We value Te Tiriti and have adopted the following four goals, developed by the Ministry of Health, each expressed in terms of mana and the principles of:

Mana whakahaere	Effective and appropriate stewardship or kaitiakitanga over the health and disability system. This goes beyond the management of assets or resources.
Mana motuhake	Enabling the right for Māori to be Māori (Māori self-determination); to exercise their authority over their lives, and to live on Māori terms and according to Māori philosophies, values and practices including tikanga Māori.
Mana tāngata	Achieving equity in health and disability outcomes for Māori across the life course and contributing to Māori wellness.
Mana Māori	Enabling Ritenga Māori (Māori customary rituals) which are framed by Te Aō Māori (the Māori world), enacted through tikanga Māori (Māori philosophy & customary practices) and encapsulated within mātauranga Māori (Māori knowledge).

We will target, plan and drive our health services to create equity of health care for Māori to attain good health and well-being, while developing partnerships with the wider social sector to support whole of system change.

The Vision, Mission and Values from our District

We bring forward and join our values within our district. These will change as we become a team of teams within Te Whatu Ora.

Hutt Valley

Vision

Whanau Ora ki te Awakairangi: Healthy people, healthy families and healthy communities are so interlinked that it is impossible to identify which one comes first and then leads to another.

Mission

Working together for health and wellbeing.

Ō mātou uara – Values

Mahi Pai 'Can do': Mahi Tahi in Partnership: Mahi Tahi Te Atawhai Tonu Always caring and Mahi Rangatira being our Best

Vision

Capital and Coast

Keeping our community healthy and well

Mission

Together, Improve the Health and Independence of the People of the District

Value

Manaakitanga – Respect, caring, kindness Kotahitanga – Connection, unity, equity Rangatiratanga – Autonomy, integrity, excellence

District Responsibility

The district leadership have collective accountability for leading with integrity and transparency a progressive, high performing organisation, aimed at improving the health and independence of the community we serve and achieving equitable outcomes for all. The leadership team are responsible for achieving this aim, aligned with our Region, within the available resources, through a skilled, empowered, motivated and supported workforce in line with government and HNZ policy.

Te Whatu Ora is committed to Te Tiriti o Waitangi principles of partnership, participation, equity and protection by ensuring that guidelines for employment policies and procedures are implemented in a way that recognises Māori cultural practices.

We are committed to supporting the principles of Equal Employment Opportunities (EEO) through the provision and practice of equal access, consideration, and encouragement in the areas of employment, training, career development and promotion for all its employees.

Team/Service Perspective

The Allied Health Rehabilitation workforce is a dynamic team comprised of the following roles:

- Dietetics
- Social Work
- Physiotherapy
- Occupational Therapy
- Speech Language Therapy
- Psychology

- Allied Health Assistants
- Allied Health Educator for Rehabilitation
- Advanced Allied Health for Rehabilitation
- Allied Health Coordinator
- Activities Coordinator
- Team Leader

While our teams are structured around clinical practice settings (acute care, inpatient rehabilitation, community, and outpatients), we recognise that the patient journey crosses all settings of care, and teams work to ensure continuity of care and seamless transitions between clinicians. Wherever possible the disciplines work closely with each other and with nursing and medical colleagues to provide integrated care for the people we see. The team has strong relationships with other areas of the district and NGO providers, including Community ORA, outpatient services and NASC agencies.

Purpose of the role

Clinical specialty/area

This role is based in the Kenepuru Inpatient Allied Health team and works primarily in the Specialist Rehabilitation Ward to provide input to patients with neurological conditions and their whanau.

Clinical skills

The psychologist will provide high quality psychological support to patients either individually, or alongside their whānau, who are facing the impact of a stroke or other significant medical/surgical condition and are receiving treatment on the Rehabilitation ward at Kenepuru Hospital.

The psychologist will provide support to maximise the person's ability to cope with the impact of loss of function and independence, prolonged hospitalisation, difficulties of a new or recurrent diagnosis, as well as support their ability to engage in rehabilitation therapy and activities. The role holder will also ensure that service users have timely and equitable access to psychological support and will contribute to projects and initiatives that aim to positively improve health outcomes for Māori and Pacific people.

This role will include conducting thorough psychological assessments, and formulating and implementing evidence-based psychological interventions. The clinician will have or develop experience in working with people with high and complex needs, as well as those from a wide range of cultural and socio-economic backgrounds.

Key Accountabilities

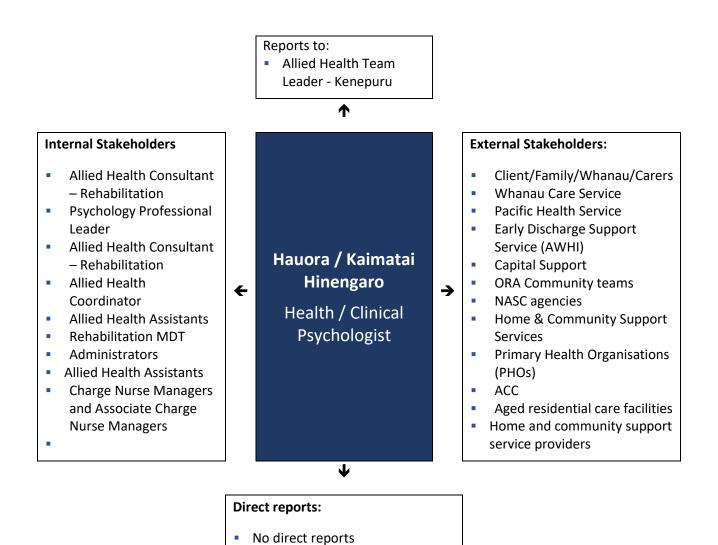
The following role accountabilities may evolve with organisational change and there may be additional duties, relevant to this position that will be required to be performed from time to time.

Key accountabilities	Deliverables / Outcomes
1. Clinical Practice	 Takes legal and professional responsibility for managing own caseload of patients /clients with increasing complexity and be able to independently adapt and make decisions regarding psychological intervention. Carries out comprehensive assessment with patients (and whānau where appropriate). This may include use of standardised assessments to assist in assessment and intervention planning. Formulates and delivers individualised psychological intervention using comprehensive clinical reasoning skills and in depth knowledge of treatment approaches. Demonstrates effective communication to establish a therapeutic relationship and set expectations with patients / clients, whānau and the MDT, inclusive of the wider health team and external agencies as appropriate. Assesses the patient's understanding of assessment, interventions and goals and gains informed consent for intervention, taking into account those who lack capacity (e.g. those with cognitive difficulties). Regularly reassesses and evaluates the patient / client's progress against identified goals and adjust intervention as situations change. Develops comprehensive discharge / transfer plans as appropriate. Carries out regular clinical risk assessments for patients/ clients on own caseload and takes action to effectively manage identified risks, seeking support where appropriate. Completes documentation consistent with legal and organisational requirements. Adheres to any applicable recognised best practice for psychology and any relevant clinical policies and practice guidelines.
2. Teaching & Learning	 Provides formal supervision to other psychologists where appropriate to their level of experience/expertise, and in line with the organisation's requirements and/or professional body Maintains competency to practice through identification of learning needs and Continuing Professional Development (CPD) activities. This should comply with professional registration requirements. Demonstrates the ability to critically evaluate research and apply to practice

Key accountabilities	Deliverables / Outcomes
	 Completes mandatory training as applicable for the role. Participates in an annual performance review and associated clinical assurance activities Participates in regular professional supervision in line with the organisations requirements and/or professional body
3.Leadership	 Provides clinical leadership within the team on psychological issues. Shows leadership in team-level quality improvement initiatives. May also be involved in cross-service initiatives. Attends and contributes to relevant department, clinical and team meetings, leading and facilitating such meetings as requested. Assists team leaders and professional leaders in clinical assurance activities of psychology staff as requested
4. Continuous improvement and innovation	 Promotes professional practice that is based on best practice and research Participates in quality improvement activities to develop and improve service delivery, clinical practice or professional standards. This may include care pathways / treatment protocols, standards of practice etc. Awareness of and complies with all legislative, contractual and employment requirements as applicable to the role (e.g. Privacy Act 1993, Vulnerable Children's Act 2014, Health & Safety at Work Act 2015, ACC service specifications etc.) Contributes to training within the team/service.
5. Te Tiriti o Waitangi	 Demonstrates provision of culturally safe and bicultural practice with patients and their whānau. Demonstrates an awareness of health inequalities, with evidence of implementing actions within own clinical practice towards reducing these for the patient/client and/or whānau. Demonstrates recognition that the client's knowledge, experiences and culture are integral to effectively addressing the presenting health issue.
6. Health & Safety	 Ensure all Health & Safety obligations under the legislation are applied to own work. Actively support and ensure compliance with Health & Safety policy and procedures.

Works in other areas as identified or following a reasonable request in order to support the organisation in managing safe patient care and maintaining service delivery.

Key Relationships & Authorities



Capability Profile

Solid performance in the role requires demonstration of the following competencies. These competencies provide a framework for selection and development.

Competency	Behaviours
Interpersonal Savvy	 Relates well to all kinds of people – up, down, and sideways, inside and outside the organisation Builds appropriate rapport Builds constructive and effective relationships Uses diplomacy and tact Can diffuse even high-tension situations comfortably
Organising	 Can marshal resources (people, funding, material, support) to get things done Can orchestrate multiple activities at once to accomplish a goal Uses resources effectively and efficiently Arranges information and files in a useful manner
Planning	 Accurately scopes out length and difficulty of tasks and projects Sets objectives and goals

Competency	Behaviours
	 Breaks down work into the process steps Develops schedules and task/people assignments Anticipates and adjusts for problems and roadblocks Measures performance against goals Evaluates results
Decision Quality	 Makes good decisions (without considering how much time it takes) based upon a mixture of analysis, wisdom, experience, and judgement Most of his/her solutions and suggestions turn out to be correct and accurate when judged over time Sought out by others for advice and solutions
Problem Solving	 Uses rigorous logic and methods to solve difficult problems with effective solutions Probes all fruitful sources for answers Can see hidden problems' Is excellent at honest analysis Looks beyond the obvious and doesn't stop at the first answer
Quality & Innovation	 Provides quality service to those who rely on one's work. Looks for ways to improve work processes - suggests new ideas and approaches. Explores and trials ideas and suggestions for improvement made by others. Shows commitment to continuous learning and performance development.
Negotiating	 Can negotiate skilfully in tough situations with both internal and external groups; Can settle differences with minimum noise; Can win concessions without damaging relationships; Can be both direct and forceful as well as diplomatic; Gains trust quickly of other parties to the negotiations; Has a good sense of timing

Experience and Capability

Essential qualifications, skills and experience

A. Knowledge, Skills & Experience:

- 2-7 years post-graduate clinical experience, with at least one year in a hospital or health setting
- Experience working with patients with complex needs, ideally those with Stroke or other neurological conditions
- A commitment to, and understanding of Te Tiriti o Waitangi (and its application to health) and a willingness to positively improve health outcomes for Māori
- Experience of working with people who have complex needs
- Ability to demonstrate a high level of interpersonal skills
- Ability to work on own initiative and organise own workload to operate effectively
- Ability to work flexibly and collaboratively with team and other professionals to optimise results

B. Essential Professional Qualifications / Accreditations / Registrations:

Registered psychologist with clinical scope of practice, or postgraduate health psychology qualification

- Current New Zealand Annual Practicing Certificate
- C. Someone well-suited to the role will place a high value on the following:
- Whanaungatanga building and maintaining good relationships with colleagues and patients
- Patient and whānau centred
- Promoting a holistic, inclusive and collaborative team environment
- Continuous learning and service improvement
- Physical ability to perform and cope with all aspects of the job as required
- Flexibility and teamwork
- Good communication skills including good written and spoken English;
- Ability to demonstrate initiative;
- Friendly and approachable.

Ma tini, ma mano, ka rapa te whai By joining together we will succeed