



Role Description

Role Position:	Consultant Psychiatrist (Senior Medical Officer)
Hours of work:	Permanent, Part time – 0.8 FTE 32hours/week <i>All SMOs are expected to be available to work on the after hour roster.</i>
Location(s):	Based in Hutt Valley, Wellington (HVDHB). <i>You would be expected to work across the wider region if required.</i>
Service / Directorate:	Mental Health, Addictions & Intellectual Disability Service (MHAIDS) 3DHB
Responsible to:	Team Leader – Infant Child Adolescent and Family Service (ICAFS)

The Vision, Mission Statements and Values of each of the three DHBs are highly congruent.

Our Mission:

- **Capital & Coast DHB:** *Together, Improve the Health and Independence of the People of the District.*
- **Hutt Valley DHB:** *'Can do' – leading, innovating and acting courageously; Working together with passion, energy and commitment; Trust through openness, honesty respect and integrity; Striving for excellence.*
- **Wairarapa DHB:** *To improve, promote, and protect the health status of the people of the Wairarapa, and the independent living of those with disabilities, by supporting and encouraging healthy choices.*

Our Vision

- **Capital & Coast DHB:** *Better Health and Independence for People, Families and Communities.*
- **Hutt Valley DHB:** *Whanau Ora ki te Awakairangi. Healthy people, healthy families and healthy communities are so interlinked that it is impossible to identify which one comes first and then leads to another.*
- **Wairarapa DHB:** *"Well Wairarapa - Better health for all"*

Our Values:

- **Capital & Coast DHB:** *Innovation, Action, A focus on People and Patients, Living the Treaty, Professionalism through Leadership, Honesty, Integrity and Collaboration, Excellence through Effectiveness and Efficiency.*
- **Hutt Valley DHB:** *'Can do' – leading, innovating and acting courageously; Working together with passion, energy and commitment; Trust through openness, honesty respect and integrity; Striving for excellence.*
- **Wairarapa DHB:** *Respect – whakamana tangata; integrity – mana tu; self-determination – rangatiratanga; co-operation – whakawhanaungatanga; and excellence – taumatatanga.*

Context

Capital and Coast DHB

The Capital and Coast District Health Board (CCDHB) covers a region extending from Wellington to Otaki. It comprises delivery arms in primary, secondary and tertiary health. Hospital and Health Services (HHS) is primarily responsible for the hospital and health services delivered via a new Wellington Regional Hospital; a secondary and community facility at Kenepuru; a Forensic, Rehabilitation and Intellectual Disability Hospital at Ratonga Rua-o- Porirua; and Kapiti Community Hospital.

Hutt Valley DHB

The Hutt Valley District Health Board (DHB) is a hospital and health provider in the Hutt Valley, located 20 minutes from Wellington. Hutt Valley DHB provides secondary and tertiary, medical and surgical hospital services along-side community based health care. The main facility is Hutt Hospital in Lower Hutt, which has 260 beds. Hutt Valley DHB funds local health providers and works collaboratively with the community to create and support multiple health education initiatives and projects within the region.

Wairarapa DHB

Wairarapa District Health Board (DHB) is located 1.5 hours north of Wellington and Hutt Valley. It covers a large mainly rural geographic area from Cape Palliser on the south coast, to Mount Bruce in the north. Secondary hospital services are provided from the new 90 bed Wairarapa Hospital in Masterton, serving a population of around 40,000. Wairarapa DHB has a unique relationship with primary and community services to meet the needs of their population.

Service Perspective

The hospital and health services of the DHBs provide a range of services, one such group of services includes Mental Health, Addictions and Intellectual Disability (MHAID) Service. The Service has over 1400 employees and annual revenue of \$135m.

MHAIDS spans three DHBs - Wairarapa, Hutt Valley and Capital and Coast DHB's and includes local, regional, and national services. The local MHAID services are provided from multiple sites within the 3DHB sub-region – greater Wellington, Hutt Valley and Wairarapa. Te Korowai Whariki services include regional forensic and rehabilitation services covering the Central region while the intellectual disability services extend the length and breadth of the country from six bases located in Whangarei, Auckland, Cambridge, Wellington, Christchurch, and Dunedin.

The core business of the Service is the provision of quality specialist services, integrated with primary and secondary providers in the communities we serve.

The Service is committed to the underlying principles of:

- The New Zealand Disability Strategy: Making a World of Difference – Whakanui Oranga
- Te Tahuhu and the Mental Health Blueprint for Mental Health Services in New Zealand to guide and direct service design, delivery, development, and review.
- Intellectual Disability High and Complex Framework
- Te Tiriti o Waitangi as the founding document of Aoteroa/New Zealand

The Service has access to business support services including Human Resources and Finance. In addition, management and delivery of clinical services across the Service is underpinned by



consultation, advice, and support from a range of cultural, consumer, and family advisors, and business, quality and organisational development personnel.

Team perspective

The Infant Child Adolescent Mental Health Service (ICAMHS) is a community mental health service, which is part of Mental Health, Addictions & Intellectual Disability Service (MHAIDS) 3DHB.

The MAHIDS service covers the greater Wellington region, with teams, in Kapiti, Hutt Valley, Porirua, Wellington and Wairarapa.

The ICAMHS teams provide specialist mental health services for infants, children and adolescents between the ages of birth and 19 years (inclusive) with indicators of significant mental health problems, and consultation services for lead agencies working with children and youth with primary mental health disorders.

Purpose of the role

The Consultant Psychiatrist is responsible for ensuring that all clinical steps necessary are taken to assist clients to achieve optimal health, wellbeing and safety through the provision of appropriate assessment, intervention and education. The Consultant Psychiatrist, as well as providing high quality diagnosis, treatment and follow-up of clients, is responsible for supporting clinical development of this service.

To work in a multidisciplinary team setting as a Consultant Psychiatrist, providing high quality diagnosis, treatment and follow up of mental health consumers and supporting the overall development of this service.

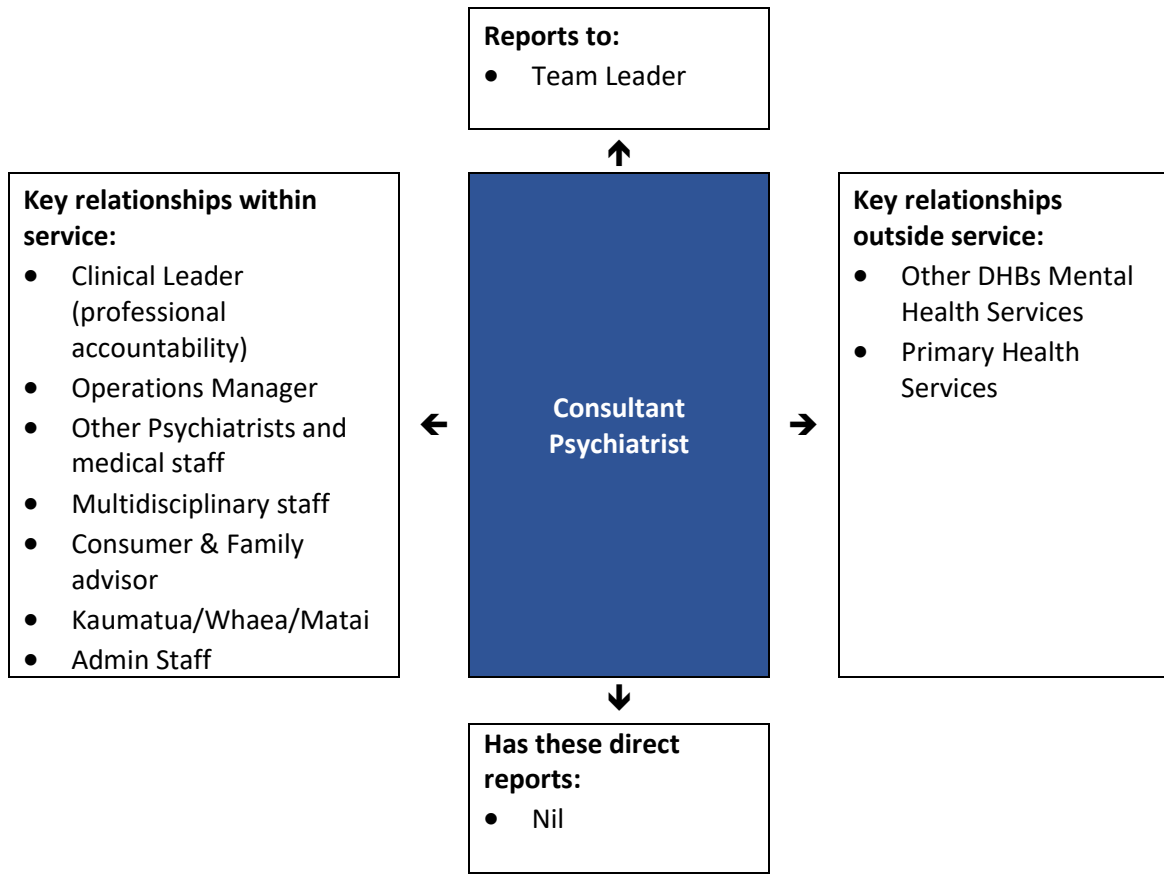
ICAHS is a multidisciplinary team comprising psychiatrists, psychologists, social workers, occupational therapists, psychotherapists, and administration staff. We are managed by Team Leaders. We cover the Hutt Valley. Our client group is diverse and we cover a broad-spectrum both socioeconomically and culturally.

Key Accountabilities

Key Accountability	Deliverables / Outcomes
Clinical Responsibility	<ul style="list-style-type: none"> Assess, diagnose and appropriately treat patients within the clinical setting that the psychiatrist is working in Advise, consult and liaise with the patient and relevant others about the likely outcomes of the illness, with or without treatment Work alongside other mental health professionals and provide psychiatric expertise within the multi-disciplinary approach to patient care Attend and actively participate in regular meetings for the purposes of assessment, for planning and implementing treatment and for reviewing progress with treatment Skills and experience in a broad range of recovery orientated treatment modalities Practice in a manner consistent with established ethical and clinical practice standards as provided by the Medical Council of New Zealand, the Royal Australian & New Zealand College of Psychiatrists and other relevant professional bodies Be familiar with commonly applied clinical protocols, such as in prescribing and reviewing psychotropic medications, as well as with matters such as person administered self-medication, the Preferred Medicines List etc Supervise Registrars (if accredited) according to RANZCP requirements Assume an active role in the training and development of medical students and other staff
Research, Planning & Audit	<ul style="list-style-type: none"> Initiate and participate, in clinical research, as negotiated and agreed Participate in audit activities which assist with the development of high quality service Contribute to service development activities, including policy and service planning and the evaluation and review of this service Assist with the provision of statistics, reports and service data
Statutory/Legal Responsibilities	<ul style="list-style-type: none"> Comply with relevant statutory requirements, such as the Mental Health (Compulsory Assessment and Treatment) Act, Criminal Procedure (Mentally Impaired Persons) Act, Intellectual Disability (Compulsory Care & Rehabilitation) Act, Protection of Personal & Property Rights Act and the Privacy Act, as well as the general requirements placed upon any medical practitioner Comply with the provisions of the Privacy Act in respect of patient confidentiality
Administration & Planning	<ul style="list-style-type: none"> Works to CCDHB standards and complies with policies
Cultural Awareness and Responsiveness	<ul style="list-style-type: none"> Apply the principles of cultural safety in own practice.

Key Accountability	Deliverables / Outcomes
Communication	<ul style="list-style-type: none"> • Ensure that all communication respects the boundaries of ethics, confidentiality and sensitivity • Adopt a positive, professional and respectful attitude with a focus on team work
Career Development & Continuing Education	<ul style="list-style-type: none"> • Provides education and training services to Mental Health Staff, within the Central Regional Health Authority area • Maintains a high level of professional practice • Displays a courteous and friendly demeanour at all times when dealing with internal and external contacts
Continuous Quality Improvement	<ul style="list-style-type: none"> • Actively contribute to Continuous Quality Improvement activities within the service
Risk Minimisation	<ul style="list-style-type: none"> • Actively contributes to risk minimisation activities within the service
Occupational Health and Safety	<ul style="list-style-type: none"> • Complies with responsibilities under the Health & Safety in Employment Act 1992
Other Tasks	<ul style="list-style-type: none"> • Undertake any other projects or tasks as required within reasonable scope of the position description

Key Relationships & Authorities



Capability Profile

Competencies

Solid performance in the role requires demonstration of the following competencies. These competencies provide a framework for selection and development.

Competency	Behaviours
Customer focus	<i>Demonstrates commitment to understanding and providing what customers want</i> <ul style="list-style-type: none">• Is dedicated to meeting the expectations and requirements of internal and external customers• Gets first-hand customer information and uses it for improvements in products and services• Acts with customers in mind• Establishes and maintains effective relationships with customers and gains their trust and respect
Teamwork	<ul style="list-style-type: none">• Develops constructive working relationships with other team members.• Has a friendly manner and a positive sense of humour• Works cooperatively - willingly sharing knowledge and expertise with colleagues• Shows flexibility - is willing to change work arrangements or take on extra tasks in the short term to help the service or team meet its commitments.• Supports in word and action decisions that have been made by the team.• Shows an understanding of how one's own role directly or indirectly supports the health and independence of the community
Quality and Innovation	<ul style="list-style-type: none">• Provides quality service to those who rely on one's work• Looks for ways to improve work processes - suggests new ideas and approaches• Explores and trials ideas and suggestions for improvement made by others.• Shows commitment to continuous learning and performance development
Cultural Skills	<ul style="list-style-type: none">• Words and actions show an understanding of the implications for one's work of Te Tiriti o Waitangi principles and Maori perspective as tangata whenua• Values and celebrates diversity - showing respect for other cultures and people's different needs and ways of living• Shows an awareness of gaps in, and a desire to increase, cultural knowledge and inter-cultural practice relevant to one's work• Accesses resources to make sure culturally appropriate and language appropriate services are provided• Draws on a client's own cultural resources and support frameworks
Communication	<ul style="list-style-type: none">• Practices active and attentive listening• Explains information and gives instructions in clear and simple terms.• Willingly answers questions and concerns raised by others.• Responds in a non-defensive way when asked about errors or oversights, or when own position is challenged• Is confident and appropriately assertive in dealing with others• Deals effectively with conflict

Essential Experience and Capability

a. Knowledge and Experience:

- Experienced Consultant Psychiatrist
- Experience in working with Inpatient and Community MH Services
- Experience in providing clinical leadership to other psychiatrists in the team
- Experience in providing clinical leadership in a multi-disciplinary setting

b. Essential Professional Qualifications / Accreditations / Registrations:

- Vocationally registered psychiatrist with Medical Council of NZ to practise as a Consultant Psychiatrist.

c. Valuing the work

Someone well-suited to the role will place a high value on the following:

- Culturally sensitive
- Recovery model of care
- Interpersonal relationships and building trust
- Problem solving inclusively, but able to take lead when needed.

d. Other

- Have a New Zealand current driver's license
- Prepared to work across the 3 DHBs at short notice

Capital and Coast District Health Board (CCDHB) is committed to supporting the principles of Equal Employment Opportunities (EEO) through the provision and practice of equal access, consideration, and encouragement in the areas of employment, training, career development and promotion for all its employees.

CCDHB is committed to Te Tiriti o Waitangi principles of partnership, participation, equity and protection by ensuring that guidelines for employment policies and procedures are implemented in a way that recognises Maori cultural practices.