

## Position Description

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<b>Position</b>	<b>Clinical Nurse Specialist – Diabetes</b> <b>Designated Prescriber</b>
<b>Team / Service</b>	Endocrine, Diabetes and Research Service
<b>Group / Directorate</b>	Sub Speciality Medicine
<b>District</b>	Capital, Coast & Hutt Valley
<b>Responsible to</b>	Charge Nurse Manager
<b>Children’s Act 2014</b>	This position is classified as a children’s worker, requiring a safety check including police vetting before commencing and every three years
<b>Location</b>	This position is expected to work across all campuses at CCHV and may be also required to work in community settings.  From time to time as part of Variance Response you may be required to work in other areas

## Te Whatu Ora

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The Health System in Aotearoa is entering a period of transformation as we implement the Pae Ora/ Healthy Futures vision of a reformed system where people live longer in good health, have improved quality of life, and there is equity between all groups.

We want to build a healthcare system that works collectively and cohesively around a shared set of values and a culture that enables everyone to bring their best to work and feel proud when they go home to their whānau, friends and community. The reforms are expected to achieve five system shifts. These are:

1. The health system will reinforce Te Tiriti principles and obligations
2. All people will be able to access a comprehensive range of support in their local communities to help them stay well
3. Everyone will have equal access to high quality emergency and specialist care when they need it
4. Digital services will provide more people the care they need in their homes and communities
5. Health and care workers will be valued and well-trained for the future health system

## Context

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Capital, Coast & Hutt Valley district provides hospital and health services in primary, secondary and tertiary healthcare to a total population base of approximately 445,000 citizens.

We are accountable for meeting the needs of and improving health outcomes for all the constituent populations of our district, and the region more broadly. Together we:

- provide secondary and tertiary, medical and surgical hospital services alongside community based health care

- fund local health providers and work collaboratively with the community to create and support multiple health education initiatives and projects within the region
- deliver health services directly as well as contracting external providers
- provide local, sub-regional, regional and national health services as well as community-based health, rehabilitation and support services.

The majority of the district's population live in Wellington and Lower Hutt. The Māori and Pacific populations of Lower Hutt and Wellington are proportionally similar, with the largest Pacific population in the region in Porirua. Kapiti and Upper Hutt have similar numbers of Māori and Pacific people. Most people are enrolled with a GP near their place of residence, so the increasing focus on community-based healthcare is expected to lead to better health outcomes for these population groups. Hutt Hospital provides secondary and some tertiary, medical and surgical hospital services alongside community based health care from its main facility in Lower Hutt City. In addition to funding local health providers and working collaboratively with the community to create and support multiple health education initiatives and projects, Hutt Hospital is the centre for five tertiary regional and sub-regional services - Plastics, Maxillofacial and Burns Services Rheumatology Dental Services Regional Public Health and Regional (Breast and Cervical) Screening Services.

Wellington Regional Hospital in Newtown is the region's main tertiary hospital with services such as complex specialist and acute procedures, intensive care, cardiac surgery, cancer care, neurosurgery and renal care. The hospital is the key tertiary referral centre for the lower half of the North Island and the upper half of the South Island.

Te Wao Nui, the Child Health Service for the Wellington Region and Central New Zealand based in the new purpose built children's hospital on the Wellington Regional Hospital campus, supports babies to adolescents with medical conditions or who may need paediatric surgery. It provides both hospital and outpatient services.

Women's Health Services provide tertiary level maternity care in Wellington and Hutt Regional Hospitals and a Primary Birthing Unit in Kenepuru. The provision of services from Women's Health encompass community-based primary LMC care and breastfeeding support, and tertiary level obstetrics, gynaecology, and other specialist services.

Kenepuru Community Hospital and Kapiti Health Centre provide secondary and community services based in Porirua and the Kapiti Coast

MHAIDS is the mental health, addictions and intellectual disability service for the Wairarapa District and Capital, Coast & Hutt Valley District, with multiple specialist facilities. Ratonga Rua-o- Porirua is our forensic, rehabilitation and intellectual disability inpatient unit.

## Te Tiriti o Waitangi and Māori Health Outcomes

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Māori are the indigenous peoples of Aotearoa. We have particular responsibilities and accountabilities through this founding document of Aotearoa. We value Te Tiriti and have adopted the following four goals, developed by the Ministry of Health, each expressed in terms of mana and the principles of:

**Mana whakahaere** Effective and appropriate stewardship or kaitiakitanga over the health and disability system. This goes beyond the management of assets or resources.

<b>Mana motuhake</b>	Enabling the right for Māori to be Māori (Māori self-determination) to exercise their authority over their lives, and to live on Māori terms and according to Māori philosophies, values and practices including tikanga Māori.
<b>Mana tāngata</b>	Achieving equity in health and disability outcomes for Māori across the life course and contributing to Māori wellness.
<b>Mana Māori</b>	Enabling Ritenga Māori (Māori customary rituals) which are framed by Te Aō Māori (the Māori world), enacted through tikanga Māori (Māori philosophy & customary practices) and encapsulated within mātauranga Māori (Māori knowledge).

We will target, plan and drive our health services to create equity of health care for Māori to attain good health and well-being, while developing partnerships with the wider social sector to support whole of system change.

## Te Mauri o Rongo

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Te Mauri o Rongo recognises our connection to this work, to each other, to the people we serve and to our whakapapa. It speaks to specific behaviours that we will expect from each other guided by the pou of Te Mauri o Rongo:

### Wairuatanga

Working with heart, the strong sense of purpose and commitment to service that health workers bring to their mahi.

### Rangatiratanga

As organisations we support our people to lead. We know our people; we will grow those around us and be accountable with them in contributing to Pae Ora for all.

### Whanaungatanga

We are a team, and together a team of teams. Regardless of our role, we work together for a common purpose. We look out for each other and keep each other safe. “Whiria te tangāta” – we will weave our people together.

### Te Korowai Āhuru

A cloak which seeks to provide safety and comfort to the workforce

## District Responsibility

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The district leadership have collective accountability for leading with integrity and transparency a progressive, high performing organisation, aimed at improving the health and independence of the community we serve and achieving equitable outcomes for all. The leadership team are responsible for achieving this aim, aligned with our Region, within the available resources, through a skilled, empowered, motivated and supported workforce in line with government and HNZ policy.

Te Whatu Ora is committed to Te Tiriti o Waitangi principles of Tino Rangatiratanga, Partnership, Equity, Active Protection & Options by ensuring that guidelines for employment policies and procedures are implemented in a way that recognises Māori cultural practices.

We are committed to supporting the principles of Equal Employment Opportunities (EEO) through the provision and practice of equal access, consideration, and encouragement in the areas of employment, training, career development and promotion for all its employees.

## Group Perspective

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The Sub-Specialty Medicine Group consists of a range of services across Wellington, Hutt and Kenepuru Hospitals:

- Cardiology, includes Wellington Hospital Ward 6 South and Hutt Hospital CCU
- Clinical Measurements Unit
- Interventional Radiology Unit
- Gastroenterology
- Respiratory Medicine
- Diabetes and Endocrine
- Rheumatology
- Dermatology
- Infectious Diseases & Infection Prevention and Control
- Medical Day Stay Unit
- Renal
- Immunology
- Neurology

The services and specialties are split across three Sub-Specialty Operational Manager roles. The Endocrine, diabetes and research service is part of the Neurology, Renal, Infectious Diseases and Diabetes and Endocrine Operation Managers team.

## Service/Team Perspective

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The Endocrine, Diabetes and Research Service at CCHV provides patient centred care that empowers patients and their families to maximise their ability to self-manage their endocrine and diabetes related health.

The Service is a specialist regional Hospital and Health Service with four fundamental inter-related components:

1. Endocrine specialist medical and nursing clinics
2. Diabetes specialist medical and nursing clinics
3. Specialist diabetes community management and support nursing service
4. Diabetes Research Centre

The Service provides specialist services targeting assessment and complex clinical management of high risk individuals with Diabetes. The Specialist nursing team receives and supports high risk children, young adults, adults, and pregnant women with diabetes to improve outcomes and quality of life, within a strong nurse-led case management model. There is an out-reach dimension with clinics based at other facilities including Kenepuru Hospital and Kapiti Health Centre. The team supports primary providers in the region by offering consultation and advice to manage complex cases that are referred to them.

## Role Purpose

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The Clinical Nurse Specialist (CNS) Diabetes is a designated Registered Nurse (RN) Prescriber role. The Te Kaunihera Tapuhi o Aotearoa Nursing Council of New Zealand (NCNZ) authorisation is for RN prescribing in primary health and specialty teams. This means the CNS must work within a collaborative team consistent with NCNZ guidance to prescribe from the medicines list relevant to their area of practice and competence level.

The CNS provides specialist nursing advice, care and expertise, both in delivering direct patient care and in supporting other staff caring for patients with complex diabetes issues across the life span. The focus is on assisting, directing and supporting the patient care and whānau with diabetes. The CNS role models expert clinical skills, promoting best practice, facilitating interdisciplinary collaboration, providing education, and supporting excellence in practice. The CNS has an active role in the development and achievement of the strategic direction for the Endocrine, Diabetes and Research Service Capital, Coast and Hutt Valley District.

The CNS leads development and implementation of speciality specific pathways, protocols and guidelines, in accordance with relevant national and international standards and guidance. This includes evaluating standards of care, in line with research, policy and evidenced-based practice across a range of settings.

The CNS – Diabetes uses advanced nursing knowledge and skills to work with people with diabetes across the lifespan, providing specialist nursing management and expert self-management teaching. Specific components of this role include:

- A strong focus on teaching new and emerging technologies to improve quality of life for people with diabetes across the lifespan, and type one diabetes in particular.
- Conducting nurse-led clinics
- Leading development of diabetes specialist pathways, protocols, and guidelines
- Supporting and collaborating with internal and external providers to improve patient outcomes
- Acting as an expert resource for the MDT
- Establish and maintain service/district/regional data bases and contribute to national data base e.g. to meet national directives
- Provide Comprehensive reporting as required by the organisation
- Initiate investigations (e.g. laboratory, radiology requests) linked to own clinics or surveillance (when preapproved by nursing leadership and Service with policy to support delegated responsibility)
- Participates in the planning and delivery of education for whanau and support personnel and health professionals who support and enhance management of diabetes. Note: Request to present to external organisations needs Service and nursing leadership approval.

## Key Accountabilities

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The following accountabilities are in addition to the NCNZ competencies for registered nurses (RN) and RN Prescriber in Primary Health and Speciality Teams. The CNS is expected to be Senior Expert (CC) and Expert (HV) on the Professional Development and Recognition Programme (PDRP). Competence is the combination of skills, knowledge, attitudes, values and abilities that underpin effective performance as an advanced practice nurse.

In this Position Description the terms person or patient are used to refer to those who use health services, who in different settings may be referred to as tangata whaiora, health consumer or client.

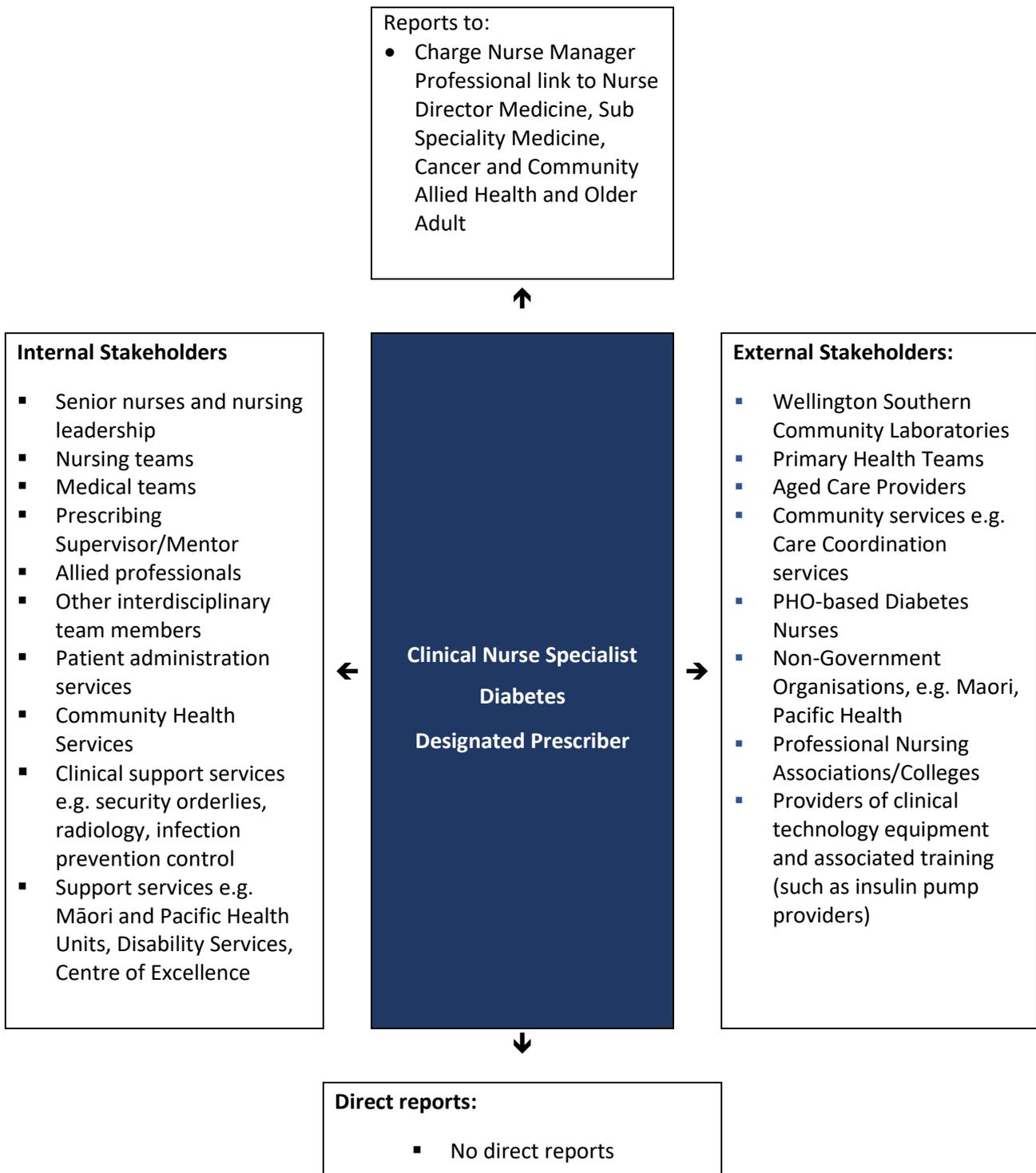
Key accountabilities	Deliverables / Outcomes
<ul style="list-style-type: none"> <li>• <b>Professional Accountabilities</b></li> </ul>	<ul style="list-style-type: none"> <li>▪ Accepts responsibility for ensuring their nursing practice and conduct meet the standards of the professional, ethical, and relevant legislated requirements</li> <li>▪ Role models expert and advancing practice and applies the principles of Te Tiriti o Waitangi in nursing practice</li> <li>▪ Contributes to improving inequities by working with colleagues to operationalise Te Whatu Ora’s commitment to meet the Pae Ora (Healthy Futures) Act 2022 obligations as Te Tiriti o Waitangi partners.</li> <li>▪ Leads and supports excellence in nursing practice</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Provide safe and expert patient care</b></li> </ul>	<ul style="list-style-type: none"> <li>▪ Works directly with patients’ whānau and staff in a variety of clinical settings as an expert resource and role model</li> <li>▪ Uses expert knowledge and skills to perform comprehensive patient assessment, plan care, manage complex needs and arrange follow-up for patients, including the whānau where appropriate</li> <li>▪ Clinical knowledge is advanced to meet complex patient needs</li> <li>▪ Prioritises and responds to direct referrals from health professionals or service users in response to identified criteria/ service standards</li> <li>▪ Uses assessment findings to foresee likely course of events and recommend/ implement appropriate changes to patient care</li> <li>▪ Demonstrates sound levels of clinical judgement and ethical decision making in implementing and/or modifying interventions</li> <li>▪ Utilizes effective problem solving skills with service users to reduce hospitalisation duration and facilitate early safe discharge</li> <li>▪ Facilitates a collaborative, interdisciplinary approach to clinical management, assisting access to appropriate diagnostic tests, interventions and therapies</li> <li>▪ Provides effective emotional and informational support to service patient and whānau</li> <li>▪ Accurately documents patient assessment, interventions, referrals and/or follow-ups</li> <li>▪ Uses initiative and clinical judgment in the application of relevant policies, procedures and clinical guidelines</li> <li>▪ Practices autonomously and collaboratively within RN scope of practice, recognises limitations and consults/refers on appropriately.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Designated Prescriber authorised in primary health and speciality teams</b></li> </ul>	<ul style="list-style-type: none"> <li>▪ Has achieved prescribing authorisation with NCNZ as a designated RNP in primary health and specialty teams and maintains <a href="#">Recertification Audit Requirements: 3 yearly</a></li> <li>▪ Demonstrates high levels of clinical assessment, diagnosis skills and safety in prescribing designated medications within area of practice</li> <li>▪ Performs a comprehensive medicines assessment to obtain information to understand the patient’s needs and context</li> </ul>

Key accountabilities	Deliverables / Outcomes
	<ul style="list-style-type: none"> <li>▪ Understands treatment options and how they support the patient needs and choice</li> <li>▪ Monitors and reviews the patient's response to pharmacological and non- pharmacological treatments</li> <li>▪ Demonstrates legal, regulation knowledge and complies with legislation, regulations and common law applicable to prescribing</li> <li>▪ Consults with an authorised prescriber if unsure of provisional or differential diagnosis determining prescribing or de-prescribing decisions to support evolving practice capability and safety</li> <li>▪ Refers patient/s for further assessment or treatment when best treatment options are beyond RN prescribing authorisation and scope of practice</li> <li>▪ Communicates treatment plans with other health care professionals involved in patient's care including clear instructions for dispensing and supplying medications</li> <li>▪ Prescribing practice aligns with the latest NCNZ Guidance for employers and RNP in primary health and speciality teams and the CCHV District policy for this designated prescribing level.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Works collaboratively to ensure safe and effective care delivery</b></li> </ul>	<ul style="list-style-type: none"> <li>▪ Acts as a nursing resource across clinical settings and disciplines, sharing clinical expertise both formally and informally</li> <li>▪ Creates opportunities within the clinical setting to share clinical expertise through teaching and coaching of staff</li> <li>▪ Provides clinical expertise/ guidance in the assessing, planning and management of complex patients</li> <li>▪ Effectively communicates and coordinates the plan of care with the multidisciplinary team to ensure a seamless transition between services, including primary and secondary care</li> <li>▪ Evaluates the effectiveness of clinical interventions and collaboratively facilitates modification of regimes accordingly</li> <li>▪ Facilitates the communication of consistent and realistic information to patients and families</li> <li>▪ Facilitates opportunities for nursing and medical staff to participate and collaborate in patient care discussion.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Provides effective nursing leadership</b></li> </ul>	<ul style="list-style-type: none"> <li>▪ Role models and applies the principles of Te Tiriti o Waitangi in nursing practice</li> <li>▪ Champions equity and diversity in the workplace</li> <li>▪ Visible and accessible to direct care nurses</li> <li>▪ Leads practice innovation and initiative</li> <li>▪ Leads and influences practice standard to reflect current nursing knowledge, research and best practice</li> <li>▪ Coaches and role models expert clinical skills and professional nursing practice (teamwork, behaviour attitudes and conduct)</li> <li>▪ Incorporates an awareness of broader health policies on provision of care delivery within the district</li> </ul>

Key accountabilities	Deliverables / Outcomes
	<ul style="list-style-type: none"> <li>▪ Provides a nursing perspective in organisation and planning at a service level contributing to strategic direction of Service and Speciality</li> <li>▪ Responds with constructive strategies to meet new challenges and initiates/ adopts change early</li> <li>▪ Contributes to shared governance of nursing through engagement in relevant meetings, committees, and working parties and/or similar</li> <li>▪ Engages with Care Capacity Demand Management (CCDM)</li> <li>▪ Networks with team members from a wide range of clinical disciplines, to ensure timely and effective clinical management</li> <li>▪ Fosters and participates in peer education, peer review processes, case review and reflective practice</li> <li>▪ Actively involved in local and national reviews of guidelines</li> <li>▪ Ensures health and safety practice meet the requirements of health and safety at work legislation</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Enhances inter-professional healthcare and provision of quality services</b></li> </ul>	<ul style="list-style-type: none"> <li>▪ Effectively communicates with all member of the multidisciplinary team on the management of patients to develop and coordinate a plan of care</li> <li>▪ In collaboration with the services, identifies and proposes quality improvement initiatives using data-driven decision-making and effective change management processes</li> <li>▪ Collates and maintains patient data for analysis, audit and reporting</li> <li>▪ Actively seeks and incorporates feedback, to improve quality of care delivered, through presenting and participating in patient review</li> <li>▪ Evaluates nursing practice against current standards of best practice</li> <li>▪ Monitors and acts upon nurse sensitive quality indicators</li> <li>▪ Contributes as a clinical expert in the investigation, critical assessment and management of any adverse/reportable events</li> <li>▪ Coordinates the development of evidence-based policies, procedures, documentation tools and information resources to enhance patient outcomes</li> <li>▪ Actively involved in long term on-going case and peer reviews</li> <li>▪ Attends appropriate educational meetings including clinical reviews</li> <li>▪ Participates in required mandatory training for clinical staff</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Advances nursing and practice through research a scholarship</b></li> </ul>	<ul style="list-style-type: none"> <li>▪ Maintains required clinical competencies and technical expertise and as applicable expanded practice and national credentialing</li> <li>▪ Reviews research, literature and practice trends to inform practice and ensure currency</li> <li>▪ Proactive in identifying own professional development needs and negotiating appropriate resources including post graduate courses</li> <li>▪ Identifies researchable practice issues and engages support in undertaking research, audit and/or internal validation studies</li> </ul>

Key accountabilities	Deliverables / Outcomes
	<ul style="list-style-type: none"> <li>▪ Promotes the specialty and/or service from a nursing perspective through presentation and /or publication</li> <li>▪ Participates in local/national professional nursing or specialty groups</li> <li>▪ Uses professional nursing/specialty organisation membership to benefit the practice environment/ nursing service</li> </ul>

## Key Relationships & Authorities



## Capability Profile

Solid performance in the role requires demonstration of the following competencies that provide a framework for selection and development.

Competency	Behaviours
<b>Equity</b>	<ul style="list-style-type: none"> <li>▪ Commits to helping all of our people to achieve equitable health outcomes</li> <li>▪ Demonstrates critical consciousness and on-going self-reflection and self-awareness in terms of the impact of their own culture on interactions and service delivery</li> <li>▪ Supports the dismantling of policies, procedures and practices that cause inequity</li> <li>▪ Supports Māori-led responses</li> <li>▪ Supports Pacific-led responses</li> <li>▪ Supports Disability-focused responses</li> </ul>
<b>Commitment to Kawa Whakaruruhau</b>	<ul style="list-style-type: none"> <li>▪ Demonstrates understanding and application of the principles of Te Tiriti o Waitangi   Treaty of Waitangi to nursing practice;</li> <li>▪ Works towards achieving equitable health outcomes for Māori;</li> <li>▪ Supports tangata whenua/mana whenua led change to deliver mana motuhake in the design, delivery and monitoring of health care;</li> <li>▪ Supports Māori oversight and ownership of decision making processes necessary to achieve Māori health equity;</li> <li>▪ Support the expression of hauora Māori models of care and mātauranga Māori</li> </ul>
<b>Dealing with Ambiguity</b>	<ul style="list-style-type: none"> <li>▪ Can effectively cope with change</li> <li>▪ Is adaptable and flexible</li> <li>▪ Can decide and act without having the total picture</li> <li>▪ Can comfortably manage risk and uncertainty</li> </ul>
<b>Decision Quality</b>	<ul style="list-style-type: none"> <li>▪ Makes good decisions based upon a mixture of analysis, wisdom, experience and judgement</li> <li>▪ Most of his/her solutions and suggestions turn out to be correct and accurate when judged over time</li> <li>▪ Sought out by others for advice and solutions</li> </ul>
<b>Directing Others</b>	<ul style="list-style-type: none"> <li>▪ Is good at establishing clear directions</li> <li>▪ Sets stretching objectives</li> <li>▪ Distributes the workload appropriately</li> <li>▪ Lays out work in a well-planned and organized manner</li> <li>▪ Maintains two-way dialogue with others on work and results</li> <li>▪ Brings out the best in people</li> <li>▪ Is a clear communicator</li> </ul>
<b>Process Management</b>	<ul style="list-style-type: none"> <li>▪ Good at figuring out the processes necessary to get things done</li> <li>▪ Knows how to organize people and activities</li> <li>▪ Understands how to separate and combine tasks into efficient work flow</li> <li>▪ Knows what to measure and how to measure it</li> <li>▪ Can simplify complex processes</li> <li>▪ Gets more out of fewer resources</li> </ul>
<b>Interpersonal Savvy</b>	<ul style="list-style-type: none"> <li>▪ Relates well to all kinds of people – up, down, and sideways, inside and outside the organisation</li> <li>▪ Builds appropriate rapport;</li> </ul>

Competency	Behaviours
	<ul style="list-style-type: none"> <li>▪ Builds constructive and effective relationships;</li> <li>▪ Uses diplomacy and tact;</li> <li>▪ Can diffuse even high-tension situations comfortably</li> </ul>
<b>Quality &amp; Innovation</b>	<ul style="list-style-type: none"> <li>▪ Provides quality service to those who rely on one's work</li> <li>▪ Looks for ways to improve work processes - suggests new ideas and approaches</li> <li>▪ Explores and trials ideas and suggestions for improvement made by others</li> <li>▪ Shows commitment to continuous learning and performance development</li> </ul>

## Experience and Capability

Essential qualifications, skills and experience

### A. Knowledge, Skills & Experience:

- At least three years clinical expertise and experience aligning with Diabetes Practice.
- A minimum of three years' full-time equivalent practice in the area the Designated Prescriber is approved to prescribe, with at least one year of the total practice in New Zealand or a similar healthcare context
- Excellent communication, interpersonal, facilitation and coaching skills
- Experience in practice development and quality improvement strategies
- Comprehensive knowledge informs NZ Health System understanding including equity issues, professional leadership and emerging issues for the nursing profession.
- Has completed the National Diabetes Nursing Knowledge and Skills Framework up to and including section 10

### B. Essential Professional Qualifications / Accreditations / Registrations:

- Expert level in Professional Development Recognition Programme (PDRP) and committed to maintain Expert/Senior (CC) or Expert (HV) PDRP
- Clinical postgraduate courses required to have enabled completing a prescribing practicum for *RN prescribing in primary health and specialty teams* to support an application for the NCNZ for this designated prescribing level.
- While not required senior nurses may be supported to complete a Clinical Master's degree.
- Designated prescribing authorisation with the NCNZ for *RN prescribing in primary health and specialty teams*.

### C. Someone well-suited to the role will place a high value on the following:

- Commitment to Te Tiriti o Waitangi
- Living the District values
- An enthusiasm and passion for ongoing nursing practice development
- A strong patient care focus with strengths in sharing that information
- High quality care for the patient and whānau with a strong equity focus
- Ensuring that they follow through on their work to deliver on identified outcomes.

**Ma tini, ma mano, ka rapa te whai  
By joining together we will succeed**